



## Health and wellbeing in Camden



We want to make sure everyone living in Camden is leading a happy and healthy life



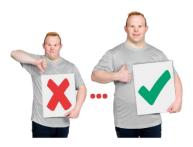
To help make this happen, we have a new plan - to improve the health and wellbeing of everyone living in Camden



We want to know what you think about our plan



Please read each statement and tell us if you agree with them or not



Your answers will help us make our service even better in the future



## We want to know what you think

# We want to improve your health by knowing what helps you to live a healthy life



#### These are things like

• the support and help you get from friends and carers



 your lifestyle - what you eat and how much exercise you do



• the place and community you live in



your experience of health and care services

Question	no	yes	not sure
Do you think all these things help you to live a healthy life?			
If you answered <b>no</b> or <b>not sure</b> , please tell us why			

#### Things we will do

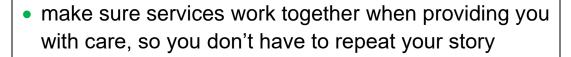




- help people to live healthy and happy lives by supporting them close to where they live
- make sure everyone has the same chances to be healthy



 make sure you have control of your care and know about the choices available





 work closely with voluntary and community groups and local businesses

Question	no	yes	not sure
If we do these things do you think it will help you to live a healthy life?			•
If you answered <b>no</b> or <b>not sure</b> , ple	ease tel	l us why	/

## By 2030 we hope



 all children and young people will have the same chance to succeed



people will feel part of their community



people will live in healthy homes



 people will have the things they need to live healthy lives



people will lead more independent lives for longer

		no	yes	not sure
Question		X	<b>\</b>	<b>?</b> ·
	Do you agree with our hopes for 2030?			
	If you answered <b>no</b> or <b>not sure</b> , plea	ase tell	us why	′

### In the next 3 years we will improve health and wellbeing by



• supporting people to get jobs



 helping people feel part of their community with activities and by making friends



making sure all children are healthy and ready for school

		no	yes	not sure
Question		X		<b>?</b> ·
	Do you agree with us focusing on these areas?			
	If you answered <b>no</b> or <b>not sure</b> , plea	ase tell	us why	′

Thank you for filling out this questionnaire